**George Fitzhugh, "The Blessings of Slavery" (1857)**

**(An Excerpt)**

The negro slaves of the South are the happiest, and in some sense, the freest people in the world. The children and the aged and infirm work not at all, and yet have all the comforts and necessaries of life provided for them. They enjoy liberty, because they are oppressed neither by care or labor. The women do little hard work, and are protected from the despotism of their husbands by their masters. The negro men and stout boys work, on the average, in good weather, no more than nine hours a day. The balance of their time is spent in perfect abandon. Besides, they have their Sabbaths and holidays. White men, with som muh of license and abandon, would die of ennui; but negroes luxuriate in corporeal and mental repose. With their faces upturned to the sun, they can sleep at any hour; and quiet sleep is the gretest of human enjoyments. "Blessed be the man who invented sleep." 'Tis happiness in itself-and results from contentment in the present, and confident assurance of the future. We do not know whether free laborers ever sleep. They are fools to do so; for, whilst they sleep, the wily and watchful capitalist is devising means to ensnare and exploit them. The free laborer must work or starve. He is more of a slave than the negro, because he works longer and harder for less allowance than the slave, and has no holiday, because the cares of life with him begin when its labors end. He has no liberty and not a single right. . . .

The world at large looks on negro slavery as much the worst form of slavery; because it is only acquainted with West India slavery. But our Southern slavery has become a benign and protective institution, and our negroes are confessedly better off than any free laboring population in the world. How can we contend that white slavery is wrong, whilst all the great body of free laborers are starving; and slaves, white or black, throughout the world, are enjoying comfort? . . .

The aversion to negroes, the antipathy of race, is much greater at the North than at the South; and it is very probable that this antipathy to the person of the negro, is confounded with or generates hatred of the institution with which he is usually connected. Hatred to slavery is very generally little more than hatred of negroes.